



Y Buckeye Bulletin

A Newsletter for the Ohio Alliance of YMCAs

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BOARD GOVERNANCE

Non-Board Members as Committee Members

Committees help facilitate board's work; prepare board members for informed decision making; provide a mechanism to use all available skill and expertise; and offer hands-on opportunities to serve the organization.

Committee members do not have the same liabilities as full-fledged board members. Their role is that of an advisor. They are chosen for the position because of their special interests or capabilities. How could others who are not full board members benefit the organization by serving on committees?

Educational Opportunities

- Introduction: This is a practical and profitable way to recruit potential new board members to the organization.
- Leadership training: The organization can involve potential board members on committees to gauge their interest and help develop leadership skills.

Structural Benefits

- Division of labor: Necessary work can get done without over-burdening board members with assignments and tasks.
- Size of board: Expanding committee membership is a way to avoid increasing the size of the board.
- Time commitment: Every welcome board member candidate may not be able to make a full commitment. Serving on a committee can be an excellent compromise.

Wealth of Resources

- Expertise: You can bring in experts, technicians, special skills, and knowledge that may not be present in the board already.
- Diversity: You can broaden the scope of the organization by creating representation of a wider constituency.

BOARD GOVERNANCE (CONTINUED)

- Involvement of former board members: By inviting a leaving member to serve on a committee afterwards (or during a sabbatical between terms), you can continue the good relationship and take advantage of experience and organizational memory.

For the complete article on this topic, check out – *Non-board members as committee members*. Board-Source. (2018, August 10). Retrieved May 6, 2022, from <https://boardsource.org/resources/non-board-members-committee-members/>

What It Means to Be an Aspirational Leader

Definition of *inspiration*

1a: a divine influence or action on a person believed to qualify him or her to receive and communicate sacred revelation

b: the action or power of moving the intellect or emotions

c: the act of influencing or suggesting opinions

2: the act of drawing in *specifically*: the drawing of air into the lungs

3a: the quality or state of being inspired

b: something that is inspired a scheme that was pure *inspiration*

4: an inspiring agent or influence

Definition of *aspiration*

1a: a strong desire to achieve something high or great an *aspiration* to become famous—usually plural a young man with political/literary *aspirations*

b: an object of such desire An acting career is her *aspiration*.

History is stained with the disastrous impact of unethical, immoral or illegal actions by some arguably inspirational leaders who lack aspirational character. Leaders with aspirational character are inspiring not only because of what they do, but because of why and how they do it. This article written by David Penqlase, explains 3 core principles of aspirational leadership.

A capacity to lead

Some leaders actively and determinedly seek out their leadership role in their professional or personal life. For others, their leadership role has been cast upon them. Either way, once you take on the position of leadership, in whatever circumstance, you need to carefully choose how you frame or view what leadership means to you.

You could for example choose to view and treat leadership as a position or role. Alternatively, you could step up and into your own value, accept and embrace the reality that your leadership role is a privilege and not just a position. Science highly recommends you choose the latter of the two points of view on leadership.

A range of research studies from the field of positive psychology, including Associate Professor Michael Steger at Colorado State University and his colleagues (1), indicate that leaders (and their teams) who find meaning and purpose in their role are more likely to flourish in life, and be in a better position to positively influence the lives of others.

This is the fundamental mindset of an aspirational leader. They see their leadership as a privilege and not just a position, and they develop a sense of meaning and purpose in being a leader.

An aspirational leader is someone who intentionally focuses on positively influencing the capacity of their

BOARD GOVERNANCE (CONTINUED)

people to flourish in their professional and personal life and to strive to perform at their best.

Regardless of what leadership role you have, you're responsible and accountable for creating an environment where people can flourish, so that they can operate at their best possible level, with a sense of meaning and pride in achieving whatever goals they are pursuing.

3 Core Principles Of Aspirational Leadership

While there are many elements that will impact the success of any leader, including competence, personality, and mindset, there are three core principles that aspirational leaders base their thoughts, decisions and actions on.

1. An aspirational leader realizes that relationships matter.

They understand that their personal success and the success of the people for whom they are responsible, are determined by the value that is created and exchanged through the relationships they have earned, built and maintain. Aspirational leaders realize the powerfully positive impact that relationships have on their own lives and on the lives of the people they lead.

The importance of relationships in our lives is not just a feel-good idea. Positive psychology research firmly places relationships as one of the most important elements of a flourishing life. For example, Martin Seligman's (2) research suggests that positive relationships are one of five core elements to a flourishing life (positivity, engagement, meaning and achievement are the other four). This is the foundation of aspirational leadership.

Positive relationships are also one of the most highly associated elements that help people build a sense of meaning in their lives. Mike Steger (3) points out that *'Across many studies, most people have indicated that relationships with others are the most important source of meaning in their lives.'*

2. An aspirational leader values and models integrity.

They understand that modelling the character and behavior they expect of others will directly impact their capacity to positively influence and inspire others to achieve their goals. This is the substance of aspirational leadership.

In Dr Henry Cloud's highly recommended book 'Integrity' (4), his research highlights one of the key dimensions that demonstrate integrity as intentional results. This focus on results through the demonstration of thoughts and actions based on integrity and good character is the substance of aspirational leadership.

3. An aspirational leader earns, builds and maintains trust.

They realize that all positive and meaningful relationships may not always be easy to earn, build and maintain, but that at the very center of all positive relationships, is trust.

While aspirational leaders place high value on the importance of trust in earning, building and maintaining relationships, they also have a pragmatic understanding that research clearly demonstrates that trust impacts almost every measure of organizational success. For example, in a world of disruption, distraction and change, an organization's capacity to be creatively competitive and innovative is critical and researchers Yunhyung Chung and Susan Jackson (5) found that team members who are highly trusted by co-workers are more likely to create new knowledge.

Aspirational leaders understand that trust consists of self-trust, trust in others and earning the trust of

others, and firmly place trust as the central focus of being an aspirational leader.

Aspirational leadership is a choice, and while there are many contributing factors to success in any leadership role, an aspirational leader is someone who genuinely views leadership as a privilege and not just a role; they value relationships; model good character and integrity; and firmly place trust at the center of their decision making and actions.

It is through the adoption and application of these three core principles that aspirational leaders can positively influence their teams to flourish and prosper and in so doing, create a thriving workplace.

References:

1. Bryan J. Dik, Zinta S. Byrne, and Michael F. Steger (2013). Purpose and Meaning In The Workplace.
2. Martin Seligman (2011). Flourish.
3. Michael F. Steger (2009). Meaning in Life. In Shane J. Lopez & C. R. Snyder 'The Oxford Handbook of Positive Psychology'.
4. Henry Cloud (2006). Integrity: The courage to meet the demands of reality.
5. Yunhyung Chung and Susan E. Jackson (2011) Co-worker trust and knowledge creation: A multilevel analysis, in The Journal of Trust Research (Vol 1, Issue 1).

CAPITOL BRIEF



2022 PRIMARY ELECTION - 1 Election Results

The following list was compiled using data provided by the boards of elections and secretary of state. General Assembly candidates were not on the May 3 primary ballot and are not included in this list. Congressional districts use a map approved by the Ohio Redistricting Commission on March 2, 2022

X Denotes Win

Updated 5/4/22

U.S. House

Dist.	Incumbent	Democrat	Republican	Third Party
1	S. Chabot	X Greg Landsman	X Steve Chabot Jenn Giroux	
2	B. Wenstrup	Anthony Darnowsky X Samantha Meadows	X Brad Wenstrup James J. Condit Jr. David J. Windisch	
3	J. Beatty	X Joyce Beatty	X Lee R. Stahley	
4	J. Jordan	Jeffrey A. Sites X Tamie Wilson	X Jim Jordan	
5	B. Latta	Martin Heberling III X Craig Swartz	X Bob Latta	
6	B. Johnson	Martin Alexander Eric S. Jones X Louis G. Lyras Shawna Roberts	X Bill Johnson John Anderson Michael S. Morgenstern Gregory M. Zelenitz	
7	B. Gibbs	X Matthew Diemer Patrick A. Malley Tristan Rader	X Max Miller Anthony Leon Alexander Charles Gaddis Jonah Schulz	
8	W. Davidson	X Vanessa Enoch	X Warren Davidson Phil Heimlich	
9	M. Kaptur	X Marcy Kaptur	Theresa Gavarone X J.R. Majewski Craig S. Riedel Beth Deck	
10	M. Turner	Kirk Behjamen X David Esrati Jeff Hardenbrook Baxter Stapleton	X Mike Turner	
11	S. Brown	X Shontel Brown Nina Turner	X Eric Brewer James Hemphill	
12	T. Balderson	Michael Fletcher X Amy Rippel-Elton	X Troy Balderson Brandon Michael Lape	
13	T. Ryan	X Emilia Sykes	X Madison Gesiotto Gilbert Shay Hawkins Santana F. King Janet Folger Porter Dante N. Sabatucci Ryan Saylor Greg Wheeler	
14	D. Joyce	X Matt Killboy	X David P. Joyce Patrick Gene Awtrey Bevan Cormack	

CAPITOL BRIEF

15 M. Carey **X** Gary Josephson **X** Mike Carey

U.S. Senate

Dist.	Incumbent	Democrat	Republican	Third Party
	Rob Portman	X Tim Ryan Morgan Harper Traci Johnson	Matt Dolan Josh Mandel Mike Gibbons Neil Patel Mark Pukita Jane Timken X J.D. Vance	

Supreme Court

Dist.	Incumbent	Democrat	Republican	Third Party
	Maureen O'Connor Pat DeWine Pat Fischer	X Jennifer Brunner X Marilyn Zayas X Terri Jamison	X Sharon Kennedy X Patrick DeWine X Patrick Fischer	

Governor/Lt. Governor

Dist.	Incumbent	Democrat	Republican	Third Party
	M. DeWine/J. Husted	J. Cranley/T. Fedor X N. Whaley/C. Stephens	X M. DeWine/J. Husted J. Renacci/J. Knopp R. Hood/C. Keller J. Blystone/J. Workman	

Auditor

Dist.	Incumbent	Democrat	Republican	Third Party
	Keith Faber	X Taylor Sappington	X Keith Faber	

Attorney General

Dist.	Incumbent	Democrat	Republican	Third Party
	Dave Yost	X Jeffrey Crossman	X Dave Yost	

Secretary of State

Dist.	Incumbent	Democrat	Republican	Third Party
	Frank LaRose	X Chelsea Clark	X Frank LaRose John Adams	

Treasurer

Dist.	Incumbent	Democrat	Republican	Third Party
	Robert Sprague	X Scott Schertzer	X Robert Sprague	

OHIO YMCAS UPCOMING MEETINGS

Virtual & In-Person CEO Neighborhood Meetings Northeast & Northwest

Virtual (Click to join Zoom):

[NE - August 9 - 10 -11 am](#)

[NW - August 9 - 11:30 am -12:30 pm](#)

Virtual (Click to join Zoom):

[NE - December 6 - 10 -11 am](#)

[NW - December 7 - 11:30 am -12:30 pm](#)

Virtual & In Person CEO Neighborhood Meetings Southeast & Southwest

Virtual (Click to join Zoom):

- [SE - August 10 10 -11 am](#)
- [SW - August 10 11:30 am -12:30 pm](#)

Virtual (Click to join Zoom):

- [SE - December 7 10 -11 am](#)
- [SW - December 7 11:30 am -12:30 pm](#)

Statewide CEO Meetings

In Person Meeting

June 17 - 10:30 am - 2 pm

Cincinnati (In conjunction with the Regional EMLE Conference)

Annual CEO Conference

September 29 - 30

In Person (Nationwide Conference Center, Columbus)

CEO/CVO Meetings

In Person Meetings (Location TBD)

Northern Ohio

November 10 - 10 am - 2 pm

Central/Southern Ohio

November 17 - 10 am - 2 pm

OHIO YMCAS UPCOMING MEETINGS (CONTINUED)

Quarterly/Monthly Statewide Peer Community Virtual Meetings

(Click to join Zoom meetings. Schedule subject to change.)

May 17

[Aquatics/Swim Team 10-11 am](#)

[Resident Camp 11 am-12 pm](#)

[Membership 1-2 pm](#)

[DEI 2-3 pm](#)

[Caregiver Network 3-4 pm](#)

[HR 4-5 pm](#)

June 15

[Childcare 1-2 pm](#)

[Financial Development 2-3 pm](#)

July 20

[COOs 10-11 am](#)

[Property/Facility 11 am - 12 pm](#)

[Child Care 1-2 pm](#)

[Financial Development 2-3 pm](#)

[Branch Executives 3-4 pm](#)

September 21

[Childcare 1-2 pm](#)

[Financial Development 2-3 pm](#)

May 18

[COOs 10-11 am](#)

[Property/Facility 11 am - 12 pm](#)

[Child Care 1-2 pm](#)

[Financial Development 2-3 pm](#)

[Branch Executives 3-4 pm](#)

July 19

[Aquatics/Swim Team 10-11 am](#)

[Resident Camp 11 am-12 pm](#)

[Membership 1-2 pm](#)

[DEI 2-3 pm](#)

[Caregiver Network 3-4 pm](#)

[HR 4-5 pm](#)

August 17

[Childcare 1-2 pm](#)

[Financial Development 2-3 pm](#)

October 18

[Aquatics/Swim Team 10-11 am](#)

[Resident Camp 11 am-12 pm](#)

[Membership 1-2 pm](#)

[DEI 2-3 pm](#)

[Caregiver Network 3-4 pm](#)

[HR 4-5 pm](#)

OHIO YMCAS UPCOMING MEETINGS (CONTINUED)

Quarterly/Monthly Statewide Peer Community Virtual Meetings (Click to join Zoom meetings. Schedule subject to change.)

October 19[COOs 10-11 am](#)[Property/Facility 11 am - 12 pm](#)[Child Care 1-2 pm](#)[Financial Development 2-3 pm](#)[Branch Executives 3-4 pm](#)**December 21**[Childcare 1-2 pm](#)[Financial Development 2-3 pm](#)**November 16**[Childcare 1-2 pm](#)[Financial Development 2-3 pm](#)